

A photograph of a smiling woman with dark hair, wearing a teal top, sitting outdoors. She is holding a young girl in a green top on her left and another young girl in a white top and purple pants is kissing her on the cheek from the right. The background is a lush green tree.

A

small

COLLECTION

of

BIG

stories

at

CHRISTUS FOUNDATION FOR HEALTHCARE

1

volume

✦ CHRISTUS Foundation for HealthCare *serves men, women and children of all faiths, ages and cultures. Each year, more than 66,000 individuals in need receive COMPASSIONATE HEALTHCARE because of your support and leadership.*

To learn more about CHRISTUS Foundation programs, our people and our stories please visit us online at CHRISTUSFOUNDATION.ORG

Need has many faces. Man and woman. Young and old. Rich and poor. Native and newcomer.

These are the men, women and children – all faiths, all ages, all cultures – we exist to serve.

We're CHRISTUS Foundation for HealthCare. Our Ministries reach out and attend to any and all, but with particularly open arms for those confronting their needs at a disadvantage, such as education that's limited, income that's low, or a language they do not speak.

To all these, we offer access to Christ's love and healing – manifested in the hearts, hands and minds of hundreds of remarkable people in special places.

This is our legacy. This is our ministry. And these are the stories.

Because many need us, we need you.

✧ *Bringing healthcare to those who get it least, who often NEED IT MOST.*

Alice, who recently lost her job and health insurance, has Type 2 Diabetes and advanced kidney disease. Alice received care from the CHRISTUS Healthy Living Mobile Clinic during a health-screening event at her apartment complex.

During the screening, it was determined Alice also had dangerously high blood pressure. She was scheduled for follow up at CHRISTUS St. Mary's Clinic, where she accessed the care she urgently needed at little to no cost.

For Alice the Healthy Living Mobile Clinic is an absolute blessing. Our staff is able to identify a need and provide direct connection to life-changing services. As Alice has gotten her chronic diseases under control, her quality of life is improving.

Thanks to God, our supporters and our mission, we get to witness these miracles every day.

2

healthy living
mobile clinics

21,428

men, women and
children served

✧ *There's a lesson to be learned here.*
It's one of HOPE.

At only 10 years old, Nataly had experienced incidents of angry outbursts at home and with her peers. Referred for counseling at her school, she admitted she often felt she wanted to die.

Over the course of several sessions with her CHRISTUS/ Catholic Charities school counselor, Nataly recognized triggers for negative thoughts and has been introduced to tools for positive affirmation to help replace self-destructive behaviors.

Since beginning counseling, Nataly carries herself with more confidence, has had no new incidents of self-harm, and reports regular use of coping skills like relaxation exercises and positive self-talk. Nataly will continue to work together with her counselor on her next goal of improving her self-image.

17

school clinics

16,508

on-campus medical
and counseling visits

✦ *Changing the way the story ends,
one patient AT A TIME.*

After a month of enduring excruciating pain and several weeks of dialysis due to diabetic coma, Juan, who is uninsured, visited CHRISTUS Point of Light Clinic.

In addition to attending to Juan's medical needs and doing laboratory tests, our team helped him apply to a patient assistance program so he can receive medications at no cost.

Without the continuity of care, it is almost certain Juan would have become ill again. Instead with the proper medication and help of our skilled nurses, Juan has his diabetes under control, is improving and feeling stronger every day.

The staff at CHRISTUS Point of Light Clinic understands the situations that send so many hardworking and uninsured patients back to the emergency room. They work proactively to help patients stay healthy and in control, a good prognosis for everyone involved.

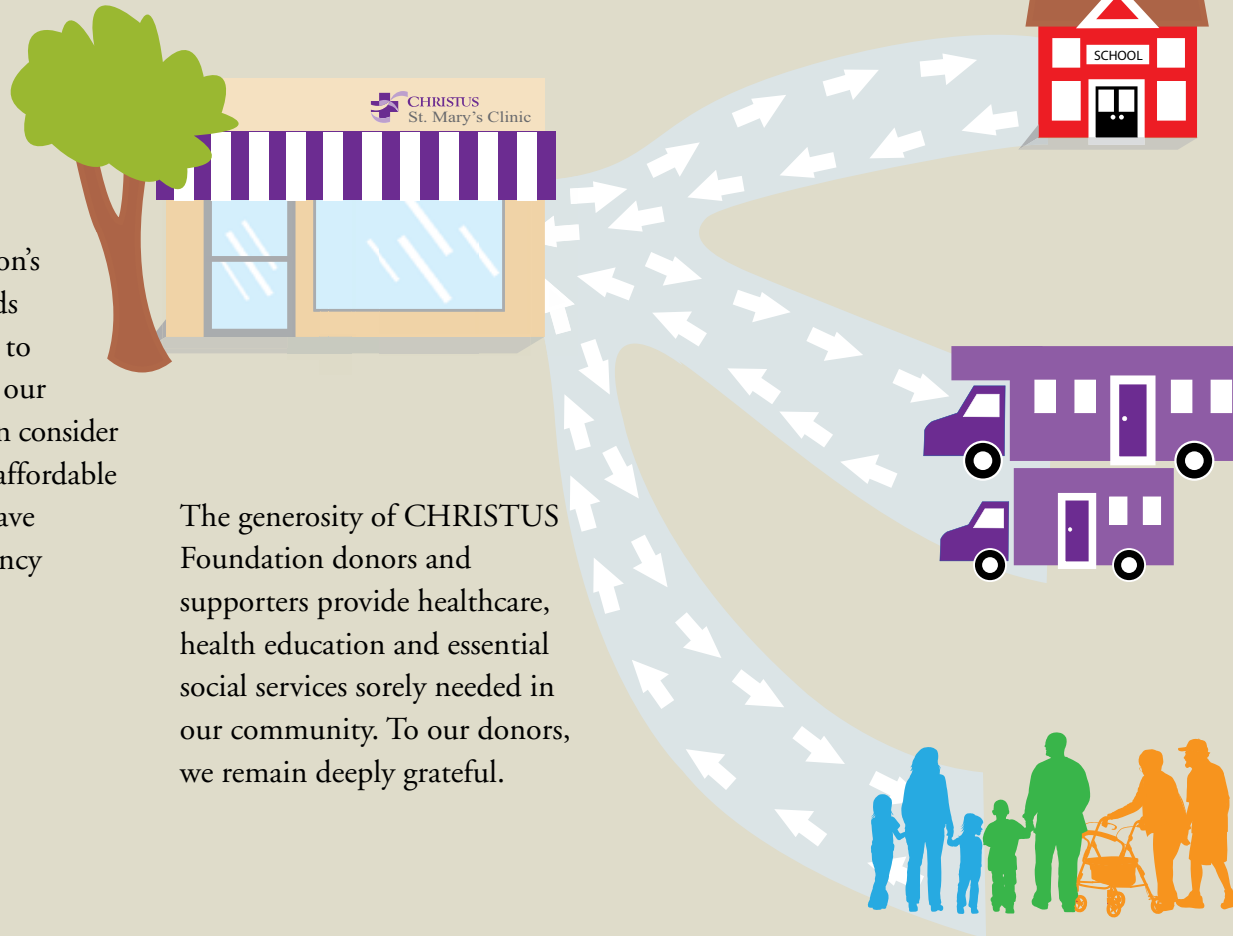
1
new clinic
location

4,371
patients rely on
the clinic for their
medical care

✧ *A full spectrum of healthcare
for neighborhoods in NEED.*

CHRISTUS Foundation's Healthy Neighborhoods Initiative provides care to the most vulnerable in our communities, who often consider medical services an unaffordable luxury until illnesses have progressed and emergency care is required.

The generosity of CHRISTUS Foundation donors and supporters provide healthcare, health education and essential social services sorely needed in our community. To our donors, we remain deeply grateful.



CHRISTUS School Clinics

are located in 17 schools, most near CHRISTUS St. Mary's Clinic. Students receive medical care at the schools for immediate needs and those requiring physician care are connected to St. Mary's Clinic.

CHRISTUS Healthy Living

Mobile Clinics bring healthcare to under-served and hard-to-reach segments of the population. Patients – often the elderly – get health screenings and help monitoring chronic conditions such as diabetes and hypertension. Patients who need further care are referred to St. Mary's.

CHRISTUS St. Mary's Clinic serves as medical home for a neighborhood in need. Here a number of vital healthcare services are delivered to low-income patients in an under-served community. Each year the clinic cares for more than 10,000 patients.

✧ *Reaching beyond the expected to
really* MAKE A DIFFERENCE.

When Maria visited the clinic with a scorched bottle of medication, the clinic learned her apartment had been destroyed in a fire just a few days before Christmas. Maria and her two sons lost most of their belongings and what remained was dirty and damaged.

The staff at St. Mary's presented Maria with a gift card to cover the cost of her medications, and used a cash donation to purchase groceries, cleaning supplies and laundry detergent. Collecting blankets, towels, and

Christmas presents for her boys, St. Mary's Clinic helped Maria turn her would be low-spirited holiday, into a genuine experience of Christmas spirit.

Enormous thanks to the spirit that lives in the hearts of the staff at CHRISTUS St. Mary's Clinic who made this possible for Maria.

3,371
routine general
medical exams
administered

1
not-so-
routine result



✧ *Where there was no hope, the
body and soul are now RESTORED.*

After losing his home and family due to his alcohol addiction, Danny hit rock bottom. Now, every day he thanks God he found CHRISTUS Our Daily Bread in Galveston. The selfless, loving, and willing nature of our counselors provided him the support he desperately needed.

Our Daily Bread provided Danny with hot meals, a place to shower and a safe place to sleep. Our counselors also guided Danny through a recovery program and helped him gain strength against alcohol.

Counselors at Our Daily Bread helped him understand the self-destructive pattern he had taken, and taught him how to avoid going down that path again.

“I truly believe that the love and counseling I got at Our Daily Bread saved my life. This ministry has made a new man out of me and for that I will forever be grateful to God and everyone at Our Daily Bread.”

Danny is one of

6,158

attendees at Alcoholic
Anonymous and
Narcotics Anonymous
meetings



✧ *Because life-transforming care often begins with a beautiful SMILE.*

Since 1983, Operation San Jose Medical Mission has been making trips to Mexico, Central and South America to correct cleft lip and palate deformities of indigent children.

A doctor on her first trip met Mia, a two-year-old toddler, who was put up for adoption after birth because of her cleft lip and palate. The child endured her first surgery without a parent at her side.

On this trip, Mia was accompanied by her expecting adoptive mother for surgery. Despite the fact mom was exhausted, she would not consider letting Mia undergo surgery alone again. Mom stayed by her side and Mia's surgery was successful. Her prognosis is excellent thanks to Operation San Jose.

Our doctor reported, "Operation San Jose Medical Mission gave this happy girl a chance to smile like other children. Having a loving mother to look after her gives her a reason to smile, I feel confident that her smile will grow bigger and more beautiful."

34

years of providing cleft lip and palate repair to children

✧ *Where your support*
is WORKING WONDERS.

Thanks to you, CHRISTUS Foundation for HealthCare serves the Houston and Galveston region through eight primary programs. Among them are our CHRISTUS School Clinics located at 17 area schools, and two Healthy Living Mobile Clinics, vehicles which venture anywhere the need for quality care takes them.

OUR PROGRAMS

- W.T and Louise J. Moran Health Center / John S. Dunn Integrated Health
- CHRISTUS Healthy Living Mobile Clinics
- CHRISTUS St. Mary's Clinic
- CHRISTUS Point of Light Clinic
- CHRISTUS School Clinics
- CHRISTUS Our Daily Bread / CHRISTUS Literacy Center
- Operation San José Medical Mission Trip
- Cronin Brauer Cleft Lip / Palate Clinic at Shriners Hospitals for Children



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CHRISTUS Foundation for HealthCare is dedicated to extending the healing ministry of Jesus Christ, continuing the legacy of the Congregation of the Sisters of Charity of the Incarnate Word through the promotion of health and welfare to people in need.

