



*A*

small

COLLECTION

*of*

**BIG**

stories

*at*

CHRISTUS FOUNDATION FOR HEALTHCARE

**2**

volume

✦ CHRISTUS Foundation for HealthCare *serves men, women and children of all faiths, ages and cultures. Each year, more than 70,000 individuals in need receive COMPASSIONATE HEALTHCARE because of your support and leadership.*

To learn more about CHRISTUS Foundation programs, our people and our stories please visit us online at [CHRISTUSFOUNDATION.ORG](http://CHRISTUSFOUNDATION.ORG)

Need has many faces. Man and woman. Young and old. Rich and poor. Native and newcomer.

These are the men, women and children – all faiths, all ages, all cultures – we exist to serve.

We're CHRISTUS Foundation for HealthCare. Our Ministries reach out and attend to any and all, but with particularly open arms for those confronting their needs at a disadvantage, such as education that's limited, income that's low, or a language they do not speak.

To all these, we offer access to Christ's love and healing – manifested in the hearts, hands and minds of hundreds of remarkable people in special places.

This is our legacy. This is our ministry. And these are the stories.

Because many need us, we need you.

✦ *Delivering healthcare to*  
**FORGOTTEN NEIGHBORHOODS.**

Living without transportation or insurance, Alfredo had not been to the doctor in over 10 years. But when the CHRISTUS Healthy Living Mobile Clinic came to the Hiram Clark Senior Center in his neighborhood, he went in for a health screening. Thank goodness he did.

During his assessment, it was determined Alfredo had extremely high blood pressure and was at risk for stroke. Alfredo was referred to CHRISTUS St. Mary's Clinic, where he was seen by a doctor and received additional testing. He was prescribed the medication he so urgently needed.

Walking into the CHRISTUS Healthy Living Mobile Clinic may have saved Alfredo's life. At the very least, it changed his life forever. Alfredo is now on medication to lower his blood pressure and is monitored regularly. His quality of life has dramatically improved. "Thank God for CHRISTUS," he recently said, "I might not be here without them."

2

healthy living  
mobile clinics

23,873

men, women and  
children served



✦ *Schooling children in*  
**LESSONS OF HEALTH.**

In just one week, the CHRISTUS School Clinic at Yellowstone Academy provided care to more than 20 students. Diagnoses ranged from strep throat to stomach viruses to the flu.

CHRISTUS School Clinics fill a significant void in the healthcare of the children they serve. Most of their parents are making hourly wages and time away from work has an impact on their pay. “Many times we wait and go to the emergency room on the weekend, so we don’t miss work and lose pay.”

Over time, CHRISTUS nurses and medical assistants create special bonds with the students they care for, many times recognizing problems before the children even do. Good health is not only important to a child’s well-being, it is essential for a student’s academic success.

“Our children come first,” a parent said, “It’s a relief knowing my child can go to the school clinic and receive great care. Thank you CHRISTUS School Clinics!”

**20**  
school clinics

**15,416**  
on-campus medical  
and counseling visits



✦ *Offering the care to*  
MEND BROKEN LIVES.

When he found his way to CHRISTUS Point of Light Clinic, Thomas was in poor condition. He suffered from Post-Traumatic Stress Disorder (PTSD) and depression. After seeing a doctor, it was determined that Thomas also had high blood pressure and high cholesterol.

At Point of Light Clinic, Thomas was offered a prescription assistance program for his chronic illness medications. He also received mental health counseling to help him better cope with his PTSD and depression.

For more than five years, Thomas has remained a loyal patient at the Clinic. In fact, he says he doesn't trust any other clinic in the city to provide him with the same compassionate, quality healthcare. His struggle continues, but Thomas is determined to overcome with the help of the medical staff at CHRISTUS Point of Light Clinic and the grace of God.



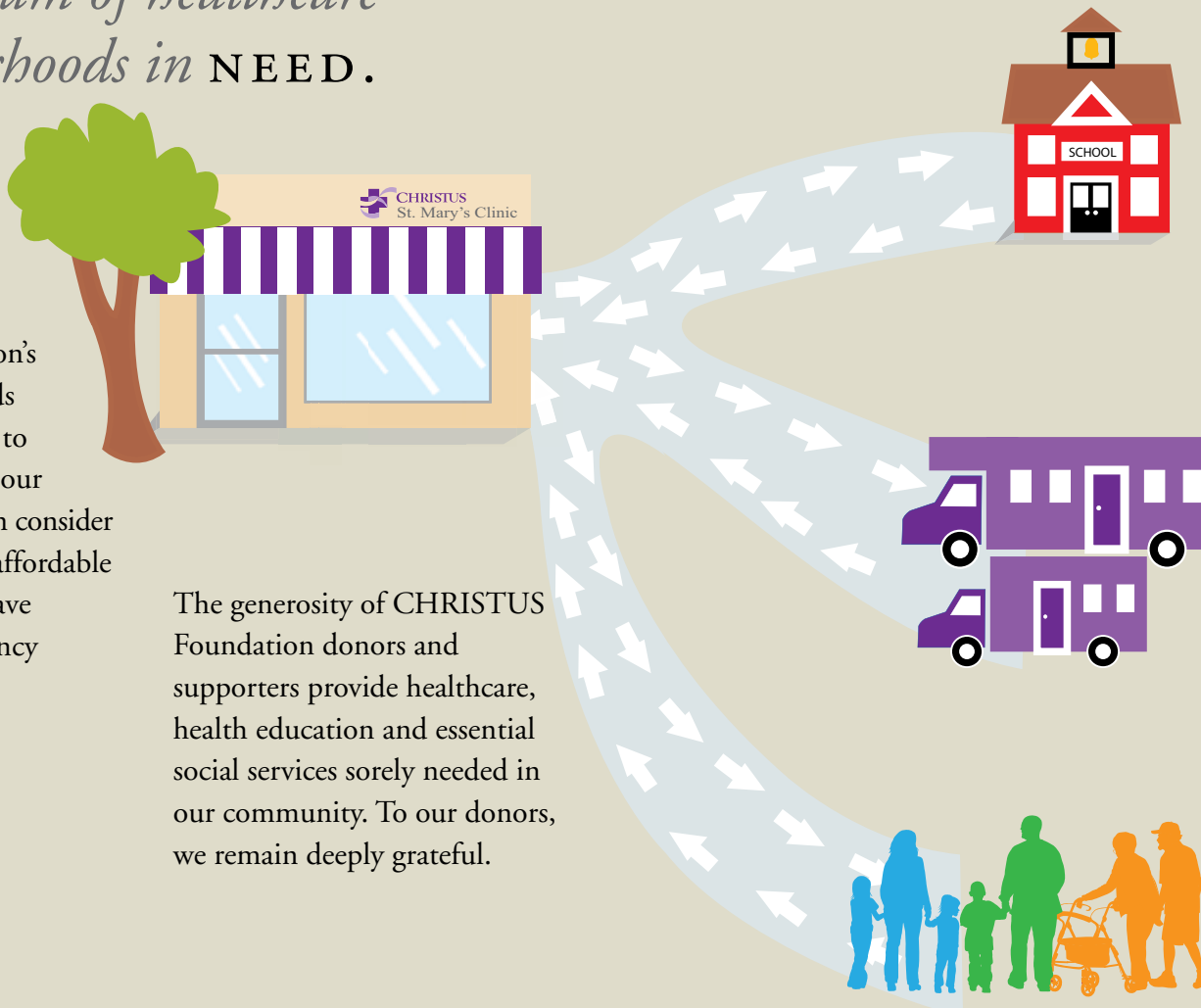
1  
new clinic  
location

4,121  
patients rely on  
the clinic for their  
medical care

*\* A full spectrum of healthcare  
for neighborhoods in NEED.*

CHRISTUS Foundation's Healthy Neighborhoods Initiative provides care to the most vulnerable in our communities, who often consider medical services an unaffordable luxury until illnesses have progressed and emergency care is required.

The generosity of CHRISTUS Foundation donors and supporters provide healthcare, health education and essential social services sorely needed in our community. To our donors, we remain deeply grateful.



**CHRISTUS School Clinics**

are located in 20 schools, most near CHRISTUS St. Mary's Clinic. Students receive medical care at the schools for immediate needs and those requiring physician care are connected to St. Mary's Clinic.

**CHRISTUS Healthy Living**

**Mobile Clinics** bring healthcare to under-served and hard-to-reach segments of the population. Patients – often the elderly – get health screenings and help monitoring chronic conditions such as diabetes and hypertension. Patients who need further care are referred to St. Mary's.

**CHRISTUS St. Mary's Clinic**

serves as medical home for a neighborhood in need. Here a number of vital healthcare services are delivered to low-income patients in an under-served community. Each year the clinic cares for almost 15,000 patients.



✦ *Helping others, so they can*  
**HELP THEMSELVES.**

Joanna is a single mother who does housekeeping at a local school to keep her family fed. Recently, she began having seizures, which jeopardized her job as well as her health. After one seizure left her unconscious, Joanna went to the emergency room and was put on prescription medication. The medication was too expensive so Joanna stopped taking it. Her seizures returned, leaving her unable to work to support her family.

Thankfully, Joanna found her way to CHRISTUS St. Mary's Clinic.

The staff at St. Mary's arranged for Joanna to have the testing she so desperately needed. They also helped her enroll in a prescription assistance program to obtain her medication at a very low cost. Joanna's life was transformed, emotionally and physically. She is back at work and has been seizure free.

The plight of a single mother is never easy. Now Joanna's situation is manageable, thanks to CHRISTUS St. Mary's Clinic. Joanna will forever be grateful for the care she received. It saved her job-and probably her life.



**14,575**  
patients received  
care last year

---

**1**  
job saved

✦ *Persevering through adversity*  
to RECOVERY.

When she came to CHRISTUS Our Daily Bread, Gabby was a lost soul. She had a long history of drug and alcohol abuse. She was unemployed and hopeless. She had given up.

The staff, volunteers and clients of Our Daily Bread welcomed Gabby with open arms. They offered the loving and selfless support she needed to get on a path to sobriety. Gabby entered a recovery program that helped her gain the strength to combat her addictions. She learned many things, including tactics to overcome urges to use again.

With the support of everyone at CHRISTUS Our Daily Bread, Gabby has maintained her sobriety. Through referrals and resources of the counselors, she has secured a job at a local sandwich shop.

Although she had given up on herself, the staff gave her the strength to persevere. Her life is changed for the better.

Gabby is one of

**6,591**

attendees at Alcoholics Anonymous and Narcotics Anonymous meetings



34

years of providing  
cleft lip and palate  
repair to children

1

journey rewarded

✦ *Offering hope with determination  
and LOVE.*

To have a baby born with a cleft lip and palate is heartbreaking. When your baby is born in a remote region of the Amazon – where the chances of corrective surgery are almost nonexistent – the heartbreak is even more devastating. That is why, when Angelica's mother heard of Operation San José Medical Mission, she knew this was an opportunity to change her baby's life.

The brave mother and her baby set out on a difficult journey. They travelled two days in a canoe on the river and 17 hours on a bus through the jungle. Finally, they arrived in

Armenia, Columbia where they were greeted by CHRISTUS Foundation's Operation San José Medical Mission team and where Angelica would receive her life-altering surgery. Angelica's mother will be forever grateful to the remarkable team of doctors, nurses and other medical workers – all of them volunteers.

For 34 years, Operation San José Medical Mission has travelled to Mexico, Central and South America. Thanks to our supporters and our medical mission team, miracles like Angelica's are made possible.



*\* Where your support*  
**is WORKING WONDERS.**

Thanks to you, CHRISTUS Foundation for HealthCare serves the Houston and Galveston region through eight primary programs. Among them are our CHRISTUS School Clinics located at 20 area schools, and two Healthy Living Mobile Clinics, vehicles which venture anywhere the need for quality care takes them.

### OUR PROGRAMS

-  W.T and Louise J. Moran Health Center / John S. Dunn Integrated Health
-  CHRISTUS Healthy Living Mobile Clinics
-  CHRISTUS St. Mary's Clinic
-  CHRISTUS Point of Light Clinic
-  CHRISTUS School Clinics     New Houston Can Academy Clinics
-  CHRISTUS Our Daily Bread / CHRISTUS Literacy Center
-  Operation San José Medical Mission Trip
-  Cronin Brauer Cleft Lip / Palate Clinic at Shriners Hospitals for Children





2615 FANNIN @ MCGOWEN  
HOUSTON, TEXAS 77002

MAILING ADDRESS:

P.O. BOX 1919  
HOUSTON, TEXAS 77251-1919

PHONE: 713.652.3100

FAX: 713.652.0760

WEBSITE: [CHRISTUSFoundation.org](http://CHRISTUSFoundation.org)



LIKE US ON FACEBOOK:

[FACEBOOK.COM/CHRISTUSFOUNDATION](https://www.facebook.com/CHRISTUSFOUNDATION)

*CHRISTUS Foundation for HealthCare is dedicated to extending the healing ministry of Jesus Christ, continuing the legacy of the Congregation of the Sisters of Charity of the Incarnate Word through the promotion of health and welfare to people in need.*

