

FOCUS

OPERATION SAN JOSÉ MEDICAL MISSION MAKES A WORLD OF DIFFERENCE WITH SMILES!



CHRISTUS Foundation for HealthCare's Operation San José Medical Mission team spent 10 days hard at work providing surgical repair of cranial and facial birth defects to the children of Puebla, Mexico.

After months of planning and coordination, a team of 21 medical professionals evaluated close to 90 patients and performed over 50 surgeries at CHRISTUS Muguerza Betania Hospital. Working from dawn till dusk, this group of dedicated medical volunteers – physicians, nurses and other professionals provided the highest standard of care and treatment to their patients.

Created in 1983, and always with the program's mission at the forefront – ***Because Every Child Deserves to Face the World with A Smile***, Operation San José Medical Mission has given thousands of patients a chance to lead a normal life.



CHRISTUS Foundation for HealthCare is proud to continue this medical mission and thanks our supporters. Without you, numerous children would continue to endure the hardships of living with a physical deformity. We are so very grateful.

Thank you to our generous donors who made this possible for Operation San José Medical Mission!



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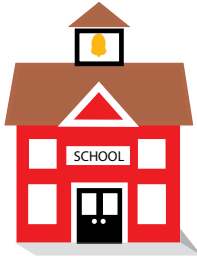
years of medical mission trips and thousands of lives changed with smiles!

➤ **Meet 2-year-old Rosa Guadalupe, whose case was so severe other goodwill programs refused to operate on her. Our team has made this beautiful girl SMILE!**

Provide a beautiful smile for a child

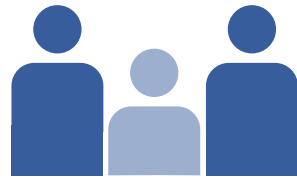
Please make a donation at CHRISTUSFoundation.org/support





15,416

children received medical and counseling visits in their schools



14,475

men, women and children received care last year at CHRISTUS St. Mary's Clinic



23,873

patients received care from CHRISTUS Healthy Living Mobile Clinics

Last year, CHRISTUS Foundation extended care to over 70,000 of our neighbors.



NUTRITION HEALTH EDUCATOR

meet a new member of our team

CHRISTUS Foundation for HealthCare is excited to welcome Teresa Rivera, Nutrition Health Educator.

Teresa plays a vital role in implementing educational classes for patients at St. Mary's Clinic, Point of Light Clinic and the Healthy Living Mobile Clinics. With the addition of a Nutrition Health Educator, our clinics offer support and education for Diabetes Management, General Nutrition and Health.

"The main component for my patient's success is Education. Teaching the importance of nutritious foods and the dangers of unhealthy habits saves my patients lives."

Together, Teresa and CHRISTUS Foundation for HealthCare continue to fight the obesity and diabetes epidemic and educate the communities we serve.

Please make a donation at CHRISTUSFoundation.org/support



CHRISTUS ST. MARY'S CLINIC

now offering chiropractic services!

Introducing Sister Kim Xuan Nguyen, D.C. – CHRISTUS St. Mary's Clinic's new Chiropractor. Sister Kim is focused on the diagnosis and treatment of musculoskeletal and nervous system disorders such as, scoliosis, fibromyalgia, arthritis, sciatica and back pain. Because of these new chiropractic services, CHRISTUS St. Mary's Clinic now provides additional care and relief to our patients.

"Having access to a chiropractor has helped me so much. Before it hurt to get out of bed and my knees had always been so weak but now I can get out of bed and I feel stronger. I never thought that would have been possible. I am so happy with my results. I also brought my 90 year old mother to get treatment. This is a blessing. Thank you."

Having the ability to move again with little to no pain has been a blessing for Dr. Nguyen's patients, like Anna, who had lost hope.

Have you heard the news?

CHRISTUS Foundation for HealthCare is on Facebook! Follow us to stay up to date on current events, news and happenings.



CHRISTUS HEALTHY LIVING MOBILE CLINICS

delivering care and saving lives

In January, CHRISTUS Healthy Living Mobile Clinic hosted a health fair at the Mexican Consulate conducting screenings for blood pressure, glucose levels and lipid panels for patients. During the visit, Mobile Clinic Nurse, Kathy Zaborowski, R.N., was called upon to aid a crying mother holding a tiny, unresponsive three-month-old infant whose face was red and lips blue from choking. Thinking fast, Kathy suctioned the baby's nostrils, throat and mouth and initiated the Heimlich maneuver. Continuing the cycle of resuscitations for half an hour, the baby began breathing on his own and had good skin color.

Because our Mobile Clinic was there to provide direct access of quality care, a life was saved that otherwise would not had been reached in time. We are pleased to be able to fill a healthcare void by providing compassionate healthcare to hard-to-reach segments of the population.

"I felt an Angel must have been guiding my hands! I am Kathy. I am CHRISTUS. I can do all things through Christ who strengthens me."

Kathy Zaborowski, R.N.
Healthy Living Mobile Clinic



Spring Luncheon Leadership are left to right: Les Cave (Foundation President), Eleanor and Dan Gilbane, (Honorees), David Robinson (Guest Speaker), Tom Gilbane (Honoree), Mike Holland and Stan Marek (Co-Chairs)

Spring Luncheon proves to be a SLAM DUNK!

CHRISTUS Foundation for HealthCare held its 13th Annual Spring Luncheon on Tuesday, March 21st with close to 500 in attendance. The event raised \$250,000 to support the integration of mental healthcare services at CHRISTUS St. Mary's Clinic and CHRISTUS Point of Light Clinic. Gilbane Building Company and the Gilbane Family were honored with the Legacy Award while, NBA great, David Robinson wowed the crowd during a spectacular conversation with long-time Houston news anchor, Steve Smith.

A sincere thank you to Co-Chairs, Stan Marek and Mike Holland, for being instrumental in the success of the event. We are thankful to be able to offer yet another service to the patients we care for. These new mental healthcare services, will bring some of Houston's most vulnerable residents coordinated care for their mind and bodies. We appreciate your help in helping CHRISTUS Foundation for HealthCare be an integral part of the communities we care for to promote, protect and restore mental health.

CHRISTUS FOUNDATION WELCOMES NEW BOARD MEMBERS

CHRISTUS Foundation for HealthCare is honored to welcome New Board of Directors and New Life Directors!



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Board of Director



Kathy Rose
Board of Director



Larry Seidl
Board of Director

Thank you for your leadership and dedication to CHRISTUS Foundation for HealthCare.



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growinggifts

Give the Gift of Better Health

\$15,000

Connects a Child to Medical Care by Bringing Telehealth to School

\$5,000

Adopts a CHRISTUS School Clinic for an Entire School Year

\$1,500

Restores a Smile by Funding a Surgery that Repairs a Child's Cleft Lip or Palate

\$500

Feeds a Soul by Providing 6 Months of Nutritious Meals to a Person Who is Homeless

\$250

Helps the Most Vulnerable by Immunizing a Senior Against the Flu and Shingles

\$100

Provides a Well-Woman Exam for a Low-Income Woman

Thank you Guadalupe Radio Network (KSHJ- 1430 AM)

for giving CHRISTUS Foundation for HealthCare a platform to discuss healthcare and social services the Foundation provides for men, women and children who are uninsured and under-insured.



Save the Date!

13th Annual Nun Run Saturday, October 14th!



Join us for our annual 40 mile motorcycle ride from St. Austin Center in Houston to Topwater Grill in San Leon, benefitting CHRISTUS School Clinics. Help us Keep Children Healthy!

Stay in touch with us on Facebook or visit our website for event details.

Donor Spotlight

WE LOVE OUR IRIS P. WEBRE COACH!

CHRISTUS Foundation for HealthCare is incredibly blessed to receive the continued support of The Iris and Lloyd Webre Foundation. Since their founding in 1987, the Webre Foundation continues to serve organizations involving education, health, youth development, human services, and Catholicism. CHRISTUS Foundation for HealthCare is grateful for their generosity and contributions to the Healthy Living Mobile Clinic, which will provide the hard-to-reach and medically under-served with direct access to healthcare.



CHRISTUS Foundation for HealthCare's Board of Directors and staff express heartfelt thanks to our generous friends. In recognition of your generosity, gifts of \$100 and greater from October 1, 2016 through March 31, 2017 are listed. Thank you again.

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