

FOCUS

 **CHRISTUS**
Foundation for HealthCare

{ Fall 2017 }

YESTERDAY. TODAY. TOMORROW. CHRISTUS FOUNDATION FOR HEALTHCARE – WE ARE HERE FOR GOOD.



Hurricane Harvey left in its wake tens of thousands of people without everyday necessities. The devastation was heartbreaking as Houston saw family, friends and fellow southeast Texans power through difficult times.

On September 8, 1900, the Sisters of Charity stood strong while the Galveston hurricane devastated their congregation and many, including Sisters, lost their lives. 117 years later, the Sisters of Charity, through CHRISTUS Foundation for HealthCare, stood tall again during a difficult time. The Sisters kept CHRISTUS St. Mary's Clinic open, even during the storm, and all CHRISTUS Foundation programs were open as quickly as it was safe to serve our community in need.

CHRISTUS Foundation clinics acted as donation distribution sites as well as welcomed and treated countless Harvey victims who did not have the resources to get back on their feet. Relief services



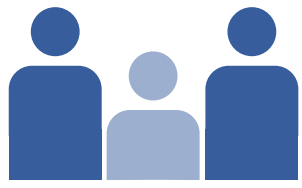
varied from collecting furniture, clothing, sheets, dishes and more for individuals who lost everything. CHRISTUS Foundation's clinics provided Tetanus shots and treated various infections due to contaminated flood water contact in the Dickinson and Friendswood communities as they cleared their homes. The ministries also helped CHRISTUS School Clinic students in need with backpacks and medical kits and secured medication to be accessed during and after the storm.

Because of your generosity, CHRISTUS Foundation for HealthCare served families in their time of greatest need. We are here for good!

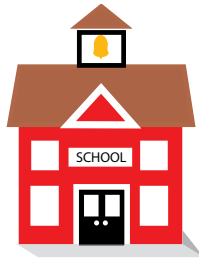
Because many need us, we need you.

Please make a donation at CHRISTUSFoundation.org/support





5,740
patient visits at
CHRISTUS Point of Light Clinic
for their medical needs



12,900
times students had access to
medical and counseling visits
through a CHRISTUS School Clinic



15,126
meals prepared, served
and thankfully enjoyed at
CHRISTUS Our Daily Bread

Because of your support and leadership, we provided more than 75,000 patient encounters to vulnerable individuals in our neighborhoods.



CHRISTUS POINT OF LIGHT CLINIC

*making every day
miracles possible!*

John, a patient who had a severe leg infection, visited CHRISTUS Point of Light Clinic seeking relief. His wound showed a sensitivity to a particular antibiotic. John was extremely worried, because the medication he needed was very expensive and without it, he was at risk of losing his leg or possibly enduring a life-threatening condition like sepsis.

“Thank you to our donors for supporting CHRISTUS Foundation as we help those who are in great need. Our Prescription Assistance Program helped John obtain the medication he needed. John’s leg has healed and he has returned to work. We are so proud to be a part of this wonderful healing!”

Sr. Ricca Dimalibot, M.D.
CHRISTUS Point of Light Clinic
Medical Director

Have you heard the news? 

CHRISTUS Foundation for HealthCare is on Facebook! Follow us to stay up to date on current events, news and happenings.

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P.O. Box 1919 | Houston, TX 77251 | 713.652.3100
CHRISTUSFoundation.org



CHRISTUS ST. MARY’S CLINIC

*is building health
and wellness!*

St. Mary’s Clinic is working hard to fight obesity and diabetes and educate the uninsured population. St. Mary’s Clinic has changed countless patients’ lives with the addition of health and nutrition education services. The clinic focuses on lifestyle and dietary changes that relate to chronic diseases such as diabetes, high cholesterol, hypertension, and obesity.

Because of these efforts, the clinic has seen a dramatic, healthy change in a number of patients. The clinic’s patients learn how to manage their eating habits through portion control, the use of a food journal and including exercise into their daily routine. Even with the impact of Hurricane Harvey, many of St. Mary’s patients maintained their diet and used the techniques learned from St. Mary’s Nutrition Health Educator, Teresa Rivera, to deal with emotional and stress eating during the disaster.

Rolando, pictured above, lost 30 lbs in three months and is no longer diabetic! He learned how to recognize and cope with stress eating triggers. Diagnosed with diabetes in 2013, Rolando is proud to be diabetes free! Because good health is not only about the weight you lose, but about the life you gain!



CHRISTUS HEALTHY LIVING MOBILE CLINICS

*back-to-school bash
is a huge success*

Our clinics held two free, family-oriented Back-To-School Summer Bash and Health Fairs in July and August. These events provided close to 1,000 students with backpacks and school supplies, immunizations, and sports physicals in an attempt to get low-income families in the community ready for the upcoming school year.

Various vendors, such as UT Dental and EyeCare for Kids, also attended the event offering children programs, dental care, vision screenings and a voucher for a free pair of glasses. The Houston Food Bank and City of Houston Parks and Recreation brought 200 healthy lunches for children in attendance.

“We identified the need and came together to fill a void in health care services for the most vulnerable in the community,” said Nancy Bocanegra, Event Coordinator of the Back to School Summer Bash. *“Providing families with the essential health care services for a healthy start to a new school year at no cost to them is a blessing. We could not have done it without the support of our sponsors. Thank you!”*

Please make a donation at
CHRISTUSFoundation.org/support



RIDING TO KEEP CHILDREN HEALTHY!

Saturday, October 14, marked the 13th Annual Nun Run. More than 250 participants took to the roads for the 40-mile, Blue Knights police escorted motorcycle ride from St. Austin Center in Houston to Topwater Grill in San Leon. A fun-filled day was enjoyed by all. The Nun Run raises funds for schoolchildren in 19 CHRISTUS School Clinics providing healthcare services, immunizations, mental health counseling and school supplies.

Thank you to our dear friend, businessman and philanthropist, Jim "Mattress Mack" McIngvale for being our morning emcee!



Special thanks to our Nun Run Sponsors who helped make the day possible:

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growinggifts

Give the Gift of Better Health

\$15,000

Connects a Child to Medical Care by Bringing Telehealth to School

\$5,000

Adopts a CHRISTUS School Clinic for an Entire School Year

\$1,500

Restores a Smile by Funding a Surgery that Repairs a Child's Cleft Lip or Palate

\$500

Feeds a Soul by Providing 6 Months of Nutritious Meals to a Person Who is Homeless

\$250

Helps the Most Vulnerable by Immunizing a Senior Against the Flu and Shingles

\$100

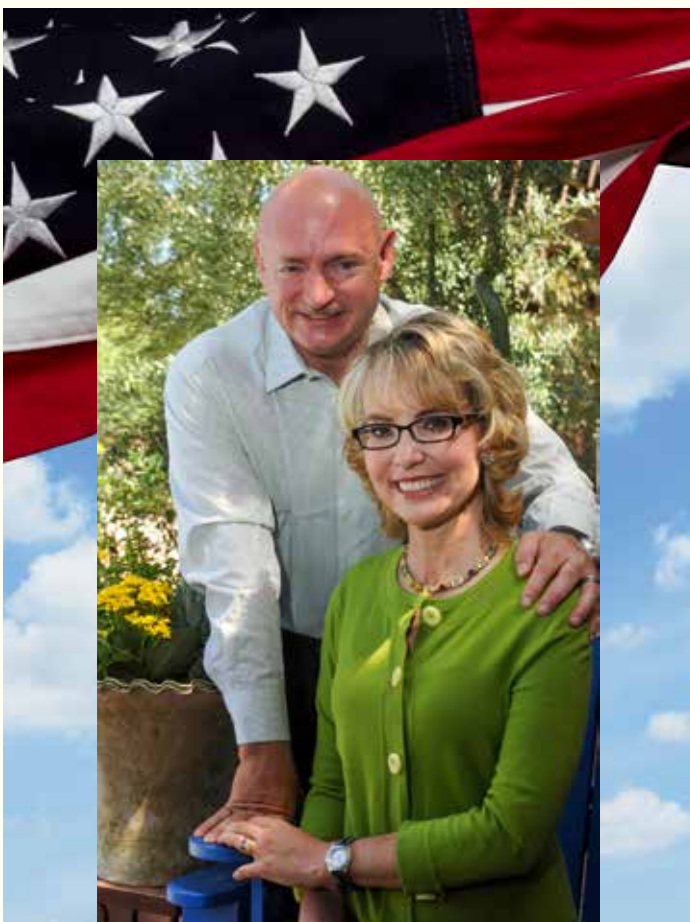
Provides a Well-Woman Exam for a Low-Income Woman

Be part of our Twitter Challenge!



Follow us on Twitter and an anonymous donor will donate \$5 for each follower on November 30th. Help us reach our goal of 1,000 followers and a \$5,000 donation!
<https://twitter.com/CHRISTUSFdn>

2018 SPRING LUNCHEON SAVE THE DATE



It's a wonderful day when you meet two American heroes.

Join us for a day you will remember!

14TH ANNUAL

CHRISTUS Foundation for HealthCare Spring Luncheon

BENEFITTING

CHRISTUS St. Mary's Clinic and CHRISTUS Point of Light Clinic

FEATURING GUEST SPEAKERS

Gabrielle Giffords and Mark Kelly

Former U.S. Congresswoman and Retired American Astronaut

HONORING

Dr. and Mrs. Donald R. Collins, Jr.

Legacy Award Recipients

CO-CHAIRS

Margaret O'Donnell

JoAnn and Gene Allspach

Tuesday, March 20, 2018 | River Oaks Country Club

Donor Spotlight

LYNN AND JACK SKUFCA

CHRISTUS Foundation for HealthCare is deeply appreciative and blessed to have the continued support of Lynn and Jack Skufca. Throughout the years, the Skufcas have focused on the health and well-being of the uninsured and under-insured at CHRISTUS Point of Light Clinic in the Bay Area. They help thousands of men, women, and children receive access to quality and affordable healthcare. We are grateful for their generosity, friendship and kindness.



Jack and Lynn Skufca distributing donations at CHRISTUS Point of Light Clinic with Hurricane Harvey victims. (Left to right) Jack Skufca, Lynn Skufca, Harvey Victims, Sabrina Ware, Sr. Ricca Dimilibot, M.D., Andres Gil, N.P.-C., Jocelyn Cox.

CHRISTUS Foundation for HealthCare's Board of Directors and staff express heartfelt thanks to our generous friends. In recognition of your generosity, gifts of \$100 and greater from April 1, 2017 through September 30, 2017 are listed. Thank you again.

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